

# Sample Menu

## *Breakfast Menu*

*Fruit Juice*

*Choice of Cereal*

*Porridge*

*Grapefruit Segments*

*Prunes*

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*Full English Breakfast*

*(Bacon, Egg, Sausage, Tomato, Mushrooms)*

*Scrambled Egg on Toast*

*Poached Egg on Toast*

*Boiled Egg*

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*White Toast*

*Brown Toast*

*Fried Bread*

*Preserves*

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*Tea or Coffee*

## *Lunch Menu*

*Soup*

*Or*

*Fruit Juice*

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*Roast Rib of Beef, Yorkshire pudding, Horseradish Sauce*

*Grilled Halibut Steak with Parsley Butter*

*Cold Meat Salad*

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*Roast / Creamed Potatoes*

*Buttered Carrots*

*Broccoli Florets*

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*Home-made Bread & Butter Pudding*

*Traditional Sherry Trifle*

*Various Ice-Cream*

*Stewed Fruit*

*Choice of Sweets from the Sweet Trolley*

# *Supper Menu*

*Homemade Cream of Carrot Soup*

*Or*

*Fruit Juice*

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*Avocado and Prawn Salad*

*Or*

*Toasted Teacakes*

*Assorted Sandwiches*

*(Beef, Ham, Turkey, Egg, Prawn, Smoked Salmon, Tuna, Cheese)*

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*Mini Strawberry Pavlova*

*Assorted Ice Cream*