**BROOK VIEW**

# ACTIVITIES CALENDAR

**APRIL 2024**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| **1st** | **2nd** | **3rd** | **4th** | **5th** | **6th** | **7th** |
| 10:00 Room Visits<br>11:00 Nine Letter Word<br>11:30 This Day In History<br>14:30 Silver Brook Choir<br>15:45 Garden Time | 09:00 Hairdresser Visits<br>10:00 121 Visits<br>11:00 Word Games<br>11:30 This Day In History<br>14:30 Baking Club<br>15:45 Garden Wanders<br>18:00 Mindfulness Evening | 10:00 Room Visits<br>11:00 Word Wizard<br>11:30 Fact Or Fiction<br>12:00 Midday Stretch<br>13:45 Trip - Sandbanks<br>14:30 Bean Bag Quiz<br>15:45 Garden Strolls | 09:00 Hairdresser Visits<br>10:00 Room Visits<br>11:00 Flower Arranging<br>11:30 Nature Quiz<br>14:30 Pass The Pig<br>15:45 Garden Walks | 10:00 Room Visits<br>11:00 Word Games<br>11:30 Hangman<br>14:30 The Big Cheese<br>15:45 Garden Time<br>18:00 Pamper Evening | 08:00 Breakfast Club<br>11:00 General Knowledge Quiz<br>11:30 Word Wheel<br>12:00 Midday Stretch<br>14:30 Activity Committee<br>15:45 Garden Strolls | 10:00 Virtual Church Service<br>11:00 Hymns & Praise<br>11:30 Reflection Time<br>13:15 Songs Of Praise<br>14:30 Sit To Get Fit<br>15:45 Garden Wanders |
| **8th** | **9th** | **10th** | **11th** | **12th** | **13th** | **14th** |
| 10:00 Room Visits<br>11:00 Pilates Chair Warm Up<br>11:30 Zig Zag Words<br>12:00 Midday Stretch<br>14:30 Silver Brook Choir<br>15:45 Garden Walks | 09:00 Hairdresser Visits<br>10:00 121 Visits<br>11:00 Word Games<br>11:30 Morning Quiz<br>14:30 Baking Club<br>15:45 Garden Strolls<br>18:00 Bingo Evening | 10:00 Room Visits<br>11:00 Boggle<br>11:30 General Knowledge Quiz<br>14:30 Arts & Crafts<br>15:00 Mobile Library Visits<br>15:45 Garden Time | 09:00 Hairdresser Visits<br>11:00 Nine Letter Word<br>11:30 This Day In History<br>14:30 Carpet Boules<br>15:00 Shop Trolley Visits<br>15:45 Garden Walks<br>18:00 Evening At The Movies | 10:15 Trip - Godshill<br>11:00 Men's Club<br>11:00 Finish The Rhyme<br>11:30 Rhyming Ball<br>13:30 Trip - Amberwood House<br>14:30 Bean Bag Toss<br>15:45 Garden Walks | 10:00 Room Visits<br>11:00 Boggle<br>11:30 Stretch & Breathe<br>14:30 Gone To The Races<br>15:45 Garden Wanders | 10:00 Virtual Church Service<br>11:00 Hymns & Praise<br>11:30 Reflection Time<br>13:15 Songs Of Praise<br>14:30 Carpet Boules<br>15:45 Garden Strolls |
| **15th** | **16th** | **17th** | **18th** | **19th** | **20th** | **21st** |
| 10:00 Room Visits<br>11:00 Name The Artist<br>11:30 Art Trivia<br>14:00 Art Tutorial<br>14:30 Silver Brook Choir<br>15:45 Garden Time | 09:00 Hairdresser Visits<br>10:00 121 Visits<br>11:00 Holy Communion<br>11:30 Reflection Time<br>14:30 Baking Club<br>15:45 Garden Strolls<br>18:00 Brookies Happy Hour | 10:15 Trip - Brockenhurst<br>11:00 Pilates Chair Warm Up<br>11:30 Word Wheel<br>12:00 Midday Stretch<br>13:45 Trip - Southbourne<br>14:30 Bean Bag Quiz<br>15:45 Garden Walks | 09:00 Hairdresser Visits<br>10:00 Room Visits<br>11:00 Flower Arranging<br>11:30 Quick Quiz<br>14:30 Move It Or Lose It<br>15:45 Garden Wanders | 10:00 Room Visits<br>11:00 Tea & Memories<br>11:30 Past Time Talks<br>14:30 Pass The Pig<br>15:00 Shop Trolley Visits<br>15:45 Garden Strolls<br>18:00 Individual Pamper Time | 10:00 Room Visits<br>11:00 Who Am I?<br>11:30 Riddle Me This<br>14:30 Quoits<br>14:30 Resident Meeting<br>15:45 Garden Time | 10:00 Virtual Church Service<br>11:00 Hymns & Praise<br>11:30 Reflection Time<br>13:15 Songs Of Praise<br>14:30 The Great British Quiz<br>15:45 Garden Wanders |
| **22nd** | **23rd** | **24th** | **25th** | **26th** | **27th** | **28th** |
| 10:00 Room Visits<br>11:00 Pilates Chair Warm Up<br>11:30 Word Wheel<br>14:30 Silver Brook Choir<br>15:45 Garden Wanders | 09:00 Hairdresser Visits<br>10:00 121 Visits<br>11:00 St. George's Day Trivia<br>11:30 History Of Saint George<br>14:30 Baking Club<br>15:45 Garden Time<br>18:00 Musical & Fizz | 10:15 Trip - Hengistbury Head<br>11:00 Old Wives Tales<br>11:30 Finish The Saying<br>13:45 Trip - Hamworthy<br>14:30 Carpet Boules<br>15:45 Garden Strolls | 09:00 Hairdresser Visits<br>10:00 Room Visits<br>11:00 General Knowledge Quiz<br>11:30 Word Wheel<br>14:30 Quoits<br>15:45 Garden Walks<br>18:00 Evening At The Movies | 10:00 Room Visits<br>11:00 Garden Club<br>12:00 Midday Stretch<br>14:30 Arts & Crafts<br>15:00 Shop Trolley Visits<br>15:45 Garden Wanders | 10:00 Room Visits<br>11:00 Memory Game<br>11:30 Stretch & Breathe<br>14:30 Bean Bag Toss<br>15:45 Garden Strolls | 10:00 Virtual Church Service<br>11:00 Hymns & Praise<br>11:30 Reflection Time<br>13:15 Songs Of Praise<br>14:30 The Big Cheese<br>15:45 Garden Time |
| **29th** | **30th** | | | | | |
| 10:00 Room Visits<br>11:00 Nine Letter Word<br>11:30 Morning Quiz<br>12:00 Midday Stretch<br>14:30 Silver Brook Choir<br>15:45 Garden Strolls | 09:00 Hairdresser Visits<br>10:00 Room Visit<br>11:00 Word Games<br>11:30 True Or False?<br>14:30 Baking Club<br>15:45 Garden Walks<br>18:00 The Big Quiz Evening | | | | | |