

# ACTIVITIES

Colten Care 2020

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>	<b>7th</b>
<ul style="list-style-type: none"> <li>10:00 121 Visits</li> <li>11:15 Exercise Hour</li> <li>14:15 Anagrams and Quiz</li> <li>16:00 Sitcom Hour with Morecombe and Wise</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visit and The News</li> <li>11:15 Music Quiz</li> <li>Shopping Trolley Visits</li> <li>14:15 Skittles</li> <li>16:00 TV- Grow Your Own</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Morning News</li> <li>11:15 Card Games</li> <li>14:15 French Afternoon</li> <li>16:00 TV Paris River Cruise</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits</li> <li>11:00 Exercise Hour</li> <li>14:15 Family Fortunes</li> <li>16:00 TV - Princess Anne</li> <li>18:00 Songs After Supper</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visit &amp; History Hour</li> <li>11:15 Puzzles and Games</li> <li>14:15 Residents' Choice</li> <li>15:00 TV - BBC Proms</li> <li>18:00 Late Night Move</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Sunday Reflection</li> <li>11:15 BBC Proms &amp; Games</li> <li>14:15 Anagrams and More</li> <li>16:00 Songs of Praise</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Morning Exercise</li> <li>11:15 Crosswords and More</li> <li>14:15 Target Practice</li> <li>15:00 TV - BBC Proms</li> <li>121 Visits</li> </ul>
<b>8th</b>	<b>9th</b>	<b>10th</b>	<b>11th</b>	<b>12th</b>	<b>13th</b>	<b>14th</b>
<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>11:15 Literacy Day</li> <li>14:15 Charity Event: Great Dorset Par--Tea For Lewis Manning Hospice</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's Papers</li> <li>11:15 Quick Quiz</li> <li>Shopping Trolley Visits</li> <li>14:15 Fun and Games</li> <li>16:00 TV Barging in Britain</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Morning News</li> <li>11:15 Hangman</li> <li>14:15 Garden Club</li> <li>15:00 Conversation Ball</li> <li>16:00 TV Big Match Moments</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>11:15 Exercise Hour</li> <li>14:15 Arty Afternoon(Fashion)</li> <li>16:00 TV - Famous Designers</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits &amp; Excercise</li> <li>11:15 Fabulous Fashions</li> <li>14:15 Hats Off To Fashion</li> <li>15:30 TV - Iconic Collections</li> <li>18:00 Movie Night</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Sunday Reflection</li> <li>11:15 Heritage Homes</li> <li>14:15 Sunday Crafts</li> <li>16:00 Songs of Praise</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits and News</li> <li>11:15 Exercise Hour</li> <li>14:15 Countdown</li> <li>15:30 Monday Matinee: Black Beauty</li> </ul>
<b>15th</b>	<b>16th</b>	<b>17th</b>	<b>18th</b>	<b>19th</b>	<b>20th</b>	<b>21st</b>
<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>11:15 Exercise Hour</li> <li>14:15 Wodunnit?</li> <li>16:00 TV Rosemary &amp; Thyme</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's Papers</li> <li>11:15 Jane Austen Festival</li> <li>Shopping Trolley Visits</li> <li>14:15 Craft Club/ Quiz</li> <li>16:00 TV- Unseen Adventures</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Morning News</li> <li>11:15 Memory Games</li> <li>14:15 Poets Corner/ Music</li> <li>16:00 TV - Bless This House</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>11:15 Exercise Hour</li> <li>14:15 Carpet Bowls</li> <li>15:15 TV Pride &amp; Prejudice</li> <li>18:00 Songs After Supper</li> </ul>	<ul style="list-style-type: none"> <li>10:00 This Week in History</li> <li>11:15 Treasure Island</li> <li>14:15 Saturday Film: Pirates of the Carribean</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Sunday Reflection</li> <li>11:15 Scrabble Hour</li> <li>14:15 Puzzles and Games</li> <li>16:00 Songs of Praise</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits and News</li> <li>11:15 Anagrams</li> <li>14:15 Fun and Games</li> <li>15:15 Monday Matinee: Little Women</li> </ul>
<b>22nd</b>	<b>23rd</b>	<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>	<b>28th</b>
<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>11:15 Exercise Hour</li> <li>14:15 Competition Time</li> <li>16:00 Sitcom Hour with The Good Life</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's Papers</li> <li>11:15 Favourite Songs</li> <li>Shopping Trolley Visits</li> <li>14:15 Book Club Launch</li> <li>16:00 TV - Travel Show</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Morning News</li> <li>11:15 Let's Talk About...</li> <li>14:15 Inspired By The Arts</li> <li>16:00 TV Inside The Crown</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Today's News</li> <li>Macmillan Coffee Morning</li> <li>14:15 Crafternoon</li> <li>16:00 TV Animal Orphans</li> <li>18:00 Songs After Supper</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits &amp; Excercise</li> <li>11:15 World Maritime Day</li> <li>14:15 Fishing Games</li> <li>15:15 Saturday Film Finding Nemo</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Sunday Reflection</li> <li>11:15 Trivia Quiz</li> <li>14:15 Afternoon Games</li> <li>16:00 Songs of Praise</li> <li>121 Visits</li> </ul>	<ul style="list-style-type: none"> <li>10:00 121 Visits &amp; Excercise</li> <li>11:15 Confuscious' Birthday</li> <li>14:15 Crosswords</li> <li>15:00 Monday Matinee: The Scarlett Pimpernel</li> </ul>
<b>29th</b>	<b>30th</b>	     				

**KEY:** ■ Whole Home ■ Garden or Main Lounge ■ Dining Room ■ Main Lounge ■ Shopping Trolley ■ Lounge & Dining Room