

Day care... for families living with dementia



In support of Dementia Friends and our dementia care services, we have rolled out Dementia

Information Sessions for ALL of our staff. Through this initiative, more than 80% of our 1,800 employees have officially become **Dementia Friends**.

We are proud to offer day care services at most of our dementia-specific care settings:

FERNHILL
LONGHAM

THE ALDBURY
POOLE

NEWSTONE HOUSE
STURMINSTER NEWTON

LINDEN HOUSE
LYMINGTON

In successive inspections, three of our homes, including Linden House, have recently been rated '**Outstanding**', the highest possible grade awarded by the regulator, **Care Quality Commission**.

Inspected and rated

Outstanding ☆



Such independent recognition is mirrored on the public review site **Carehome.co.uk** where residents and their families have recently given us **9.8 out of 10***, the highest score in the UK among care home groups of our size.* *Correct at time of print

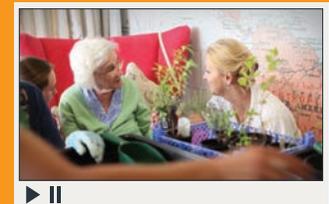


Find out more...

We produce many videos which bring to life how our residents and staff truly feel about our homes.



Visit www.ColtenCare.co.uk/daycare to view our playlist of short films about our Dedicated Dementia Care



Please take a look at our '**Dementia Day Care**' playlist on YouTube. Colten Care prides itself on the care it provides to residents with dementia no matter what stage of their journey they are at. Watch our videos to take a look at some of our amazing stories.

If you are interested in our day care services, or other short-stay options, we invite you to chat with any of our Home Managers or Clinical Leads.

Call **01425 460985** or email enquiries@ColtenCare.co.uk

Feel free to contact us for more information to help you make the right decision.

www.ColtenCare.co.uk

We offer a flexible day care service for people living with the initial stages of dementia.



You may associate care homes with long-term care but we also offer a flexible, day care service for people living with the initial stages of dementia.

Unlike some busy 'day centres', our beautiful homes offer families and carers so much more than just a temporary place of safety for your loved one.

Our day care service offers you precious respite and peace of mind, knowing that your relative is in a homely environment with friendly carers and dementia care experts on hand at all times. It means you can once again recoup the essential time you need to continue your job, friendships, leisure interests or just have plain 'me time'.

In addition to enjoying as much quiet rest as they want, our day care residents have the reassurance that companionship and gentle social interaction is there for them if they choose. Each home has a dedicated team offering tailored, structured activities throughout the day - all based around individual needs - from calming conversations to engaging exercise, live music and poetry readings.



Companionship also comes with home-cooked meals and, if appropriate for your loved one, wheelchair-friendly minibus trips out for pub lunches, woodland walks, seaside strolls and picnics. As much independence is afforded to each family as required. Whatever the need, many of our day care residents return to us time and time again, with their families consistently acknowledging the excellence of our services.



Over several months, George spent a day a week at one of our dedicated dementia homes in Dorset before he moved in full time.

"The day care service meant he could remain living at home with me longer than he would have otherwise," says his wife, Janet. "That was such a precious time for us both. Gradually, we moved to overnight and then weekend stays at the home and ultimately to long-term care. The whole period gave us a chance to get used to the home and the team and so make the transition far less disruptive."

Colten Care's dementia care team has been strengthened with specialist **Admiral Nurses** under a partnership with **Dementia UK**. The first to be employed, Kay Gibson, says: "Some day care residents with early onset dementia come in to enjoy our spa bath facilities or pampering in our hair salons. They enjoy the companionship and having our team offer them the personal care they need. Assistance with personal hygiene and having a haircut, a shave, a bath or a shower is often a question of dignity and privacy and not wanting to be seen to burden their spouse or regular carer. Day care gives everyone a break."

The luxurious surroundings include peaceful sitting rooms, relaxing hair salons and beautiful, fully accessible gardens.



As well as employing specialist professionals such as Kay, Colten Care consistently maintains a higher staff-resident ratio than most social services day centres offer. At the same time, our day care rates are very competitive with other providers, both private and local authority.

One of our Home Managers, Kim Harding, says a major draw for families seeking day care with us is that there are no set hours. "We can do full days or half days. It's not time-limited. It's a completely flexible service and people find that very reassuring. We know that each family's experience is different. And while care can be arranged at short notice, you don't need to be at breaking point to experience the space, relaxation and stimulation our team provide. It's all about an individualised approach we call 'All About Me'. Day care is an ideal option for families, either with or without access to social services, who are either looking ahead to familiarise themselves with a care facility or are already struggling to cope with a more acute situation."

Sarah Ingram, a Companionship Team Leader, says the day care service is ideal for those not yet ready for a long-term care facility. "Our company promise is to support you to overcome the challenges associated with dementia and therefore live well. That's just as true at the start of the dementia journey as it is further on. When you are helping people with day care you quickly build a rapport with them and help them adjust to the environment in a gentle way. You can really see the positive difference you are making to them and their families. It's so rewarding."