

# WHAT'S ON at WELLINGTON GRANGE: MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>1 Colten Companion</b> <b>10.00 U3A Cryptic Crossword Group</b> <b>11.00 Chinese Meal</b> <b>11.00 Extend Exercise</b> <b>2.00 P.A.T Dog Visit</b> <b>2.30 'What's On' Talk</b> <b>6.45 Talk: Balance Awareness</b>	<b>2 Colten Companion</b> <b>10.30 Everyone Active Exercise Class</b> <b>11.00 Famous Faces</b> <b>2.30 Talk: Harting Horticulture Society</b> <b>6.45 Film: Cold Comfort Farm</b>	<b>3 Colten Companion</b> <b>10.00 News &amp; Views</b> <b>11.00 Boat House For Lunch</b> <b>11.00 Music &amp; Movement</b> <b>'Just Us' Choir</b>	<b>4 Colten Companion</b> <b>10.30 Brain Training</b> <b>11.00 Seated Tai Chi</b> <b>2.30 Videography: Introduction</b> <b>3.30 'Eyes Down!': Musical Bingo</b>	<b>5 Colten Companion</b> <b>10.00 Group Crossword</b> <b>11.00 Service: Holy Communion with Fr. Anthony</b> <b>2.30 Frank Sinatra Hour</b> <b>2.30 Forsyth Saga</b>
<b>6 Colten Companion</b> <b>MAY DAY BANK HOLIDAY</b> <b>10.00 Card Games</b> <b>11.00 Extend Exercise</b> <b>2.00 Anna Friends</b> <b>2.30 Giant Scrabble</b> <b>6.45 Barchester Chronicles</b>	<b>7 Colten Companion</b> <b>9.00 Shopping Trolley</b> <b>11.00 Committee Meeting</b> <b>11.00 Smile &amp; Sway</b> <b>2.30 Garden Walks</b> <b>3.00 Garden Games</b>	<b>8 Colten Companion</b> <b>10.00 U3A Cryptic Crossword Group</b> <b>11.00 Goodwood Drive</b> <b>11.00 Extend Exercise</b> <b>2.30 Chichester Shop</b> <b>3.00 Art &amp; Craft: Cards</b>	<b>9 Colten Companion</b> <b>10.00 News &amp; Views</b> <b>11.00 Cook's Coffee Morning</b> <b>11.00 Everyone Active Exercise Class</b> <b>2.30 Country &amp; Western</b> <b>6.45 Riverdance</b>	<b>10 Colten Companion</b> <b>10.00 Quiz Time</b> <b>11.00 Seated Yoga</b> <b>3.00 Creative Talks: Women that Changed the World</b>	<b>11 Colten Companion</b> <b>10.30 Dominos</b> <b>11.00 Music &amp; Movement</b> <b>2.30 iPad Training</b> <b>3.30 Holiday Memories Afternoon</b>	<b>12 Colten Companion</b> <b>INTERNATIONAL NURSES DAY</b> <b>10.00 Common Threads</b> <b>11.00 Cedar Ministry</b> <b>2.30 Forsyth Saga</b> <b>3.30 Nurse Appreciation Tea</b>
<b>13 Colten Companion</b> <b>11.00 Black Rabbit Pub</b> <b>11.00 Extend Exercise</b> <b>2.00 Anna Friends</b> <b>2.30 Audio Books</b> <b>2.30 Word Wheel</b> <b>6.45 Jewel in the Crown</b>	<b>14 Colten Companion</b> <b>9.00 Shopping Trolley</b> <b>11.00 Smile &amp; Sway</b> <b>2.30 Andre Rieu</b> <b>3.30 Beginners Rummikub</b>	<b>15 Colten Companion</b> <b>10.00 U3A Cryptic Crossword Group</b> <b>11.00 Extend Exercise</b> <b>11.00 Bosham Inn Pub</b> <b>2.30 Garden Chess</b>	<b>16 Colten Companion</b> <b>10.00 News &amp; Views</b> <b>11.00 Everyone Active Exercise Class</b> <b>2.30 Residents &amp; Relatives Meeting</b> <b>6.45 Film: Living Free</b>	<b>17 Colten Companion</b> <b>10.00 Quick Quiz</b> <b>11.00 Music &amp; Movement</b> <b>2.30 Gentleman's Club</b> <b>3.00 Giant Scrabble Afternoon</b>	<b>18 Colten Companion</b> <b>FA CUP FINAL!</b> <b>10.30 Brain Training</b> <b>11.00 Seated Tai Chi</b> <b>2.30 Library Visits</b> <b>2.15 Talk: Classical Music Appreciation</b>	<b>19 Colten Companion</b> <b>CELEBRATION OF LIFE DAY</b> <b>11.00 Celebration of Life Service</b> <b>2.30 Forsyth Saga</b> <b>3.30 Book Club Afternoon</b>
<b>20 Colten Companion</b> <b>DEMENTIA ACTION AWARENESS WEEK</b> <b>10.30 Fish &amp; Chips Drive</b> <b>11.00 Extend Exercise</b> <b>2.30 Indian Travels</b> <b>Talk with Mary</b> <b>6.45 Jewel in the Crown</b>	<b>21 Colten Companion</b> <b>RHS CHELSEA FLOWER SHOW 21<sup>ST</sup> - 25<sup>TH</sup></b> <b>9.00 Shopping Trolley</b> <b>11.00 Smile &amp; Sway</b> <b>2.30 Videography: Ideas &amp; Filming</b> <b>3.30 Bingo</b>	<b>22 Colten Companion</b> <b>10.00 U3A Cryptic Crossword Group</b> <b>10.30 West Dean Lunch</b> <b>11.00 Extend Exercise</b> <b>2.30 CDC Talk: Dementia Friends</b>	<b>23 Colten Companion</b> <b>10.30 Everyone Active Exercise Class</b> <b>11.00 Flower Arranging</b> <b>2.30 iPad Training</b> <b>2.30 Ladies Afternoon Tea</b> <b>6.45 Film: Sister Act</b>	<b>24 Colten Companion</b> <b>10.00 Quick Quiz</b> <b>11.00 Seated Yoga</b> <b>2.30 Tea Party to Support Dementia Awareness Week</b>	<b>25 Colten Companion</b> <b>10.00 Word Search</b> <b>11.00 Music &amp; Movement</b> <b>11.00 Sounds of the Musicals</b> <b>2.30 Halcyon's Opera</b>	<b>26 Colten Companion</b> <b>MONACO GRAND PRIX/FRENCH OPEN</b> <b>11.00 Service</b> <b>2.30 Art &amp; Craft</b> <b>2.30 Forsyth Saga</b> <b>3.30 Walks in the Garden</b>
<b>27 Colten Companion</b> <b>SPRING BANK HOLIDAY</b> <b>9.00 Breakfast Social</b> <b>11.00 Extend Exercise</b> <b>11.00 Millionaire Game</b> <b>2.00 Anna Friends</b> <b>6.45 Jewel in the Crown</b>	<b>28 Colten Companion</b> <b>9.00 Shopping Trolley</b> <b>11.00 Smile &amp; Sway</b> <b>2.30 British Comedy Hour</b> <b>3.30 Dads Army</b>	<b>29 Colten Companion</b> <b>9.30 Bourne View Visit</b> <b>11.00 Extend Exercise</b> <b>2.00 Gandhi</b> <b>3.30 Walks in the Garden</b>	<b>30 Colten Companion</b> <b>10.30 Knit &amp; Natter</b> <b>10.30 Everyone Active Exercise Class</b> <b>11.00 Flower Arranging</b> <b>2.30 Classical Music</b> <b>6.45 Swan Lake</b>	<b>31 Colten Companion</b> <b>10.30 Musical Quiz</b> <b>11.00 Music &amp; Movement</b> <b>2.30 Jodie Shemmans Sings</b> <b>4.00 Card Making</b>	<b>KEY:</b> <b>Market Cross (GF)</b> <b>Festival Hall (GF)</b> <b>Harbour Terrace (GF)</b> <b>Brandy Hole Library (FF)</b> <b>Minibus Trip/Outing</b> <b>South Downs (FF)</b> <b>East Beech (2F)</b> <b>Garden</b>	

PLEASE NOTE: ACTIVITIES AND TIMES MAY BE SUBJECT TO CHANGE